Chapter V

I never had the slightest doubt that the "Harry" and the "Frank" who wrote through me were in fact my husband and my brother; but, illogically, I needed reassurance about Uvani, when he started to write through me. Was he the same person whom I knew through Mrs. Garrett, or was he simply a projection of my own subconscious, conjured up by wishful thinking? It is true that there was the same turn of speech and the same formality about him — though the latter was less apparent through me than when he talked through his trance medium — but I wanted proof, from sources other than my own writing, that it was truly he who wrote by my hand. And this applied not only to him, but to Abdul Latif as well, when he began to write through me some six months later. Moreover such a proof would serve a double purpose. It would not only satisfy me personally, but, far more important, it would go very far towards showing, once and for all, that Uvani and Abdul Latif were the individual personalities they claimed to be, and in no way a part of Eileen Garrett.

I began my cross-tests in August, 1932, by which time Uvani had been writing through me every day for almost two months, and Abdul Latif had not yet started, nor would until that December. I have excluded from my account of these experiments almost everything not having a bearing on the tests themselves. We (that is, Uvani, Abdul Latif and I) used five mediums in this work, whom I give in the order in which we first went to them. We began with Grace Cooke, who was mainly controlled by a North American Indian called White Eagle; but also, from time to time, by an eager, impetuous young girl called Lalla. And here I should like to say how impossible it is to pay sufficient tribute to the exquisite work of White Eagle. I use the word 'exquisite' advisedly, for there is no other which so well describes the intricate network of evidence and information which he gave me through all the years I knew him; and I very soon realized, when with him, that I was in the presence of a great being, possessed of deep knowledge and understanding.