

Chapter XI

On July 23rd, 1936, Eileen Garrett gave a lecture, at the British College of Psychic Science, on her experiences during the previous two and a half years in America. I listened with great interest while she described the work done with her there by doctors and scientists, trying -- among other experiments, such as many concerned with Extra Sensory Perception -- unavailingly to prove that Abdul Latif and Uvani were facets of her own personality. The chairman at this meeting was a Dr. Elmer Lindsay, an American recently over from the States. I did not meet him until August 17th.

On August 4th, Uvani talked to me again through Eileen Garrett. He said:

"I am happy to come to you in this way, to give you some account of what we have done since last we spoke through this instrument. \* You have been kept in comfort, happiness, understanding and without undue alarm. Is that not so? And our worthy Abdul Latif has ministered not only to the body, but has also given ministration of spirit."

I asked: "And what has Uvani done?"

"I think he has tried, in his very practical way, always to provide that you have peace and protection for your awareness. I think you will agree, too, that I have elevated myself into the position of devoted friend, adviser, helper. I have been gratified by your understanding, your trust, and the affection you give me. For long now you have been

\* Uvani is referring to the whole period since Eileen Garrett left England in December, 1933; not merely to the gap since July 1st, when he had last talked to me through this source.